



Bob Linde, AP, RH (AHG)
Acupuncture Physician & Registered Herbalist

Intern Clinic

The intern clinic is held most Wednesday and Thursday nights from 6-10pm. New students will start observing in the clinic one night a week after completion of the Level one core courses. Treating status will be granted with permission of the clinical supervision once basic evaluation techniques are well understood. One night a month will be dedicated to case & general discussion. Clinical fees are \$45 per quarter or \$300 for eight quarters (2 years). Graduation required 40 sessions as an observing intern and 25 sessions as a treating intern. Graduates may request up to an additional 6 months of clinical time after graduation with the permission of the clinical supervisor.

How do I get started?

The program begins in November of each year. To begin the program, just fill out the application with a non refundable \$100 deposit. This will guarantee you place in the next class. When you start the program, that fee will be used for your student membership in the American Herbalists Guild and American Botanical Council. Confirmation of your acceptance into the program will be given to you by letter within 8 weeks of receiving your application. Classes are limited to 20 students and are on a first come basis.

What is an herbalist?

In the United States, an herbalist is a self-defined professional. There is no national or state system of licensure or certification for herbalists. Professional groups may grant certification to members that have reached a certain level of training as an herbalist. Some herbalists concentrate on growing or wildcrafting (picking) herbs. Others manufacture herbal products. Still others teach or counsel people about the use of herbs as medicine.

One branch of anthropology, called ethnobotany, studies the use of plants in other cultures, particularly their use as medicine. Ethnobotanists, who receive their training through the standard university system, have classified a number of medicinal herbs. Their work helps preserve the traditional folk medicines of indigenous people around the world.



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Acupuncture & Herbal Therapies
Professional Herbalists Training Program
222 2nd Street North
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PROFESSIONAL HERBALIST TRAINING PROGRAM

*“Ancient Medicine
for Modern People”*



Acupuncture & Herbal Therapies

Level One Classes

Level One Classes are required for advancement to Level Two Classes. These classes must be completed in order. All classes are Saturday and Sunday unless otherwise stated.

General Traditional Chinese Medicine

Theory – This class covers the concepts of Yin, Yang, Qi, Blood and Body Fluids as well as 5 Elements and 8 Principle Theories. \$215 Pre- registration and Herb school application required. Class usually starts in November.

General Chinese Herbal Theory & Legal and Ethical issues in Herbalism – The first day of this class will cover basic concepts of herbs and formulas. \$215

General Traditional Chinese Medicine Diagnostics – This class covers the courses of disease, skills of observation, interrogation, and hearing as well as tongue and pulse evaluation. \$215

Level Two Classes

Each class will be offered once every two years.

Release Exterior and Drain Fire Herbs & Formulas

Drain Damp/Transform Phlegm

Regulate Qi & Blood

Building Qi, Blood, Yin & Yang

Calming the Shen & Extinguishing Wind

Stabilize & Bind, Open Orifices, Food

Stagnation

Making Herbal Products & The Business of Herbalism .

Vitamin & Mineral Therapies. Anatomy & Physiology for Herbalists.

Pathology for Herbalists

Overnight Field Study/Camping Trip \$100

Botany

Herb/Drug Interactions & Western Herbal Practices

Level Three Classes

Must have completed at least one year of classes before attending these advanced classes.

Chronic Disease – We will focus on the difficulty of treating some of the more common chronic diseases such as HIV/AIDS, Hepatitis C, Cancer, CFS and more.

Fertility & Gynecology – We will focus on the unique problems faced by the practitioner when dealing with regulating the menstrual cycle. We will look at fertility, PMS, dysmenorrhea, amenorrhea and more.

Geriatrics, Children & Infants – We will look at the unique needs of these special types of clients and how we must adjust our diagnostic techniques, dosages and administration of herbs.



Open Classes

No prior classes must be completed. This class is open to any interested person.

Beyond Herbs: Barefoot Doctoring – This class covers the techniques outside of normal herbalism such as auricular therapy (ear therapy), moxibustion, basic acupressure, Chinese dietary theory and cupping. Wear comfortable clothes since there will be hands-on practice. Moxa (mugwort) will be burned during this class and may bother someone who is irritated by certain types of incense. \$215

The Professional Herbalists Training Program in St. Petersburg, Florida, offers one of the few herbal training programs in the US with a supervised, hands-on intern clinic.

This two year program is designed to prepare students as clinical herbalists.

Students can access the on-site Chinese and western herbal pharmacy with more than 500 crude herbs, powders, tinctures and pre-made formulas. Herbalists will be able to reference our over 400 volume library and periodicals. With this program you advance at your own pace with the once a month lectures and Wednesday night intern clinic.

The program is designed and taught by doctors of Oriental Medicine and highly trained herbalists.



This program prepares students to see clients; design herbal formulas and topical solutions; create herbal product lines; consult with other healthcare providers; help friends and family with lifelong wellness; and work with established herbal companies. Enjoy endless opportunities in the rapidly growing industry!